DELAWARE VALLEY HIGH SCHOOL

<u>Today's Statistics:</u> Friday, January 24, 2020 Marking Period: 2 of 4 Student Day: 91 of 180 Snow Days Used: 2 of 11

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Today's Weather: Party Sunny 43° Light Variable Wind





Not entirely happy with your 2nd quarter grades? Want to get an edge to start the 3rd quarter? Did you know that 9 out of 10 DV valedictorians ate pop-tarts in school? Non-whole grain pop-tarts will be back next week. For one week only, your favorite flavors of pop-tarts will be on sale in S6, R23 & R6. Support STEM at DV and get better grades.

Attention Ski Club members: The 2nd trip to Mountain Creek is scheduled for tomorrow. We will depart at 3 PM outside the 9/10 entrance.

<u>Attention: AUDITIONS on the 25th</u>, if cancelled due to inclement weather, auditions will be held on Sunday the 26th. Students should report to the 9/10 cafeteria at 1:30 pm. Monday after school will be available only for those who cannot make it Sunday and need to be arranged with the director. Contact <u>lehmanc@dvsd.org</u>.

DON'T FORGET

Midwinter blues getting you down? Is it the cold mornings? The limited daylight? The fact that you haven't had a pop-tart in a while? Non-whole grain pop-tarts will be back next week for a limited time. For one week only, your favorite flavors of pop-tarts will be on sale in S6, R23 & R6. Support STEM at DV and fill that cold empty feeling inside with a nice warm toaster pastry.

Peer Buddies will meet in room R16 on Monday until 4:30. All are welcome.

The blood drive is a week away! Be sure to return your signed permission forms as soon as possible to the 11/12 Nurse to reserve your time slot.

Spring sports season tryouts begin on Monday March 2nd. We are offering a Sports physical at our DVHS 11-12 nurses office on Wednesday, Feb 12, 2020. If you would like to sign up for the physical, please bring a physical packet & \$20.00 to the athletic office prior to January 26^{th --}cash or a check payable to DVSD. If you have already participated in fall & or winter athletics and have not been injured, then you do not need another physical. You will need to hand in a recertification sheet only.

Please check Lost and Found in both cafeterias if you are missing any items. There are textbooks, notebooks, clothing and more. Thank you.

Interested in a military career? Delaware Valley High school will offer the ASVAB test for any 10th, 11th, or 12th grade student interested in possibly pursuing a military career. The ASVAB test will be here on Tuesday, February 04, 2020. Sign up and get more information in your guidance office today. Deadline for registration is February 3, 2020.

The **Eastern Pike Regional Police Department** is accepting applications for the Law and Leadership Academy that will be held July 6, 2020 - July 17, 2020 from 7:30 AM – 2:30 PM at the high school. Applications are located in the 9/10 and 11/12 offices. If you have any questions, please see Chief Moglia. This academy is designed to ensure students develop a better understanding of the criminal justice system and their role as a citizen of this country.

Please join Scott Post, a student at DVHS, in collecting pop-tabs in efforts to raise money for the Ronald McDonald House Charities. A collection tin can be found in both DVHS faculty rooms. Larger collection buckets are located in 9/10 and 11/12 cafeterias.



Attention girls' lacrosse: There will be a meeting today at 2:45 in room T5 for any girl interested in playing lacrosse this spring. See Coach Salak with questions.

All Special Olympics Volunteers must see Ms. Pousley in room R16 during lunches today.

Art Club is cancelled today.

If you missed the FBLA meeting yesterday, please see Mrs. Angle to pick up important information.

TODAYS SPORTS

Basketball	Boys Var/JV	* Valley View HS	Away	Valley View HS	5:30 PM
	Freshman	* Valley View HS	Home	DVHS Freshman Gym	4:00 PM
Wrestling	Boys JV	QUAD MEET	HOME	Delaware Valley Green Gym	5 PM

SATURDAY SPORTS

Basketball	Boys Var/JV	Pleasant Valley	Home	DVHS Gym	2:30 PM
	Freshman	Pleasant Valley	Home	DVHS Gym	1:00 PM
Competition Cheerleader	Girls Varsity	(Roxbury Cheer Competition)	Away	Roxbury HS	10:00 AM
Swim	Varsity	Tunk Invitational	6am Away	Tunkhannock HS	8:00am

SUNDAY SPORTS

Wrestling Boys JV High	Honesdale	7 AM Away	Honesdale HS	9am
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CONGRATULATIONS

JOB OPPORTUNITIES

http://www.pikepa.org/employment.html

http://www.dol.gov/

TODAY IN HISTORY

Hermann Ebbinghaus

Born 24 Jan 1850; died <u>26 Feb</u> 1909 at age 59.

German psychologist who pioneered in the development of experimental methods for the measurement of rote learning and memory. **Ebbinghaus's contributions to psychology are numerous**. In <u>addition</u> to establishing two psychology laboratories in Germany, he also founded and edited a major journal that did much to advance psychology in its early days. His famous <u>work</u>, **Memory: A Contribution to Experimental Psychology**(1885) set a <u>precedent</u> for experimental psychology with clear and precise experimental techniques. Ebbinghaus <u>discovered</u> that people forget 90% of what they learn in a class within thirty days, and that there occurs a very rapid forgetting in the first hour. He died in 1909 from pneumonia.

INSPIRATION

No magic potions No fairy dust No one to do it for you. Just me, I will push you, show you, how to put one determined foot in front of the other. That's what I will do. I am inside you... I'm called your inner strength. Dig deep down and find me.